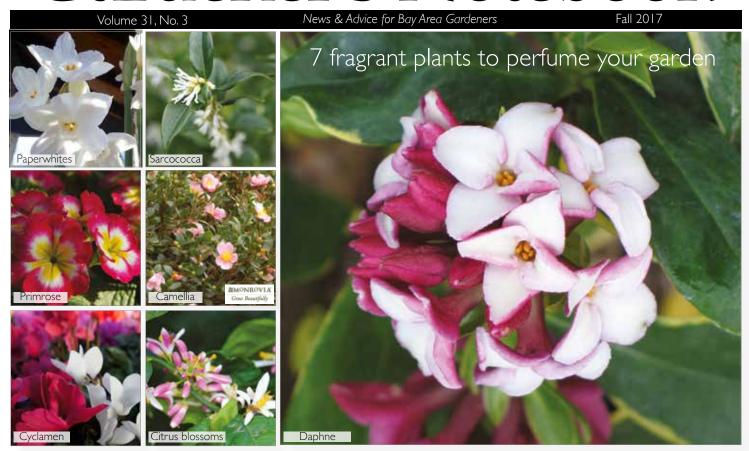






# Gardener's Notebook



This fall, we have fragrance on our minds! There are so many aromatic bloomers available for Bay Area gardens. We've narrowed it down to 7 selections that promise to delight gardeners and pollinators alike with their intoxicating scents. Plant them in the landscape, or in a container at the front door, so that their sweet scent can be appreciated and gorgeous foliage admired.

Sarcococca's small, very fragrant spring flowers are followed by bright-red ornamental fruit as the season progresses. It's an outstanding choice for shady areas where other plants won't grow. Daphne's gorgeous flowers have a powerfully sweet fragrance. With its variegated foliage, Daphne is an excellent foundation plant for dappled shade.

Colorful Camellias like Pink-A-Boo Yuletide have large, wonderfully fragrant, deep-pink blooms with bright yellow stamens, making it a beautiful addition to the cool season garden. Sarcococca, daphne, and camellia all thrive in shade, or partial-shade, and look great together. Their foliage offers year-round interest in the garden.

Fragrant winter annuals such as **Cyclamen** and **Primrose**, along with **Paperwhite narcissus bulbs**, round out the list for containers and beds alike. Want something fragrant and edible? **Citrus** will do double duty in the landscape, offering fragrance in flower, followed by tasty fruit. All are available now at Sloat Garden Center.

# Stylish, modern, Fiberlight planters for fragrant plants

Many years ago on a research trip to Vietnam, we randomly discovered Fiberlight, a high-quality, *lightweight* pottery made from fiberglass and resin. After spotting the planters at a Saigon hotel, we were introduced to Fiberlight pottery designer, Tony Trung. Tony runs a small factory and shares his colorful showroom with his wife's wedding planning business. His colorful designs are handmade to order for Sloat Garden Center – we are the exclusive North American distributor for Fiberlight Pottery. Gardeners, decorators, and designers will love Fiberlight's large, distinctive, modern style. They're gorgeous planted up with fragrant shrubs and annuals.





# Decorate for Fall

Fall 2017

The promise of cool, crisp, autumn weather is an invitation to plant up colorful containers and garden beds. Stop in for seasonal plants as we welcome fall, friends, and family to our homes. In stock this fall we have a beautiful array of locally grown flowers and herbs. You can also turn your fall garden into a beautiful edible landscape with violas and colorful chard, and herbs like thyme, parsley, sage, rosemary and lavender.





Make an appointment for a planting party! Choose from a variety of individualized planting parties where participants create beautiful plant projects to take home (terrariums, wreaths, planters or centerpieces). Planting parties are a delight for birthdays, showers, or garden group meetings. Currently available at our Sloat Blvd., Mill Valley (Miller Ave.), Kentfield, Danville (Diablo Rd.), Pleasant Hill, and Concord locations. Classes last approx. one hour and are led by our excellent designers. Contact our Events Manager for details: Jen Strobel 415-367-5200 • jenstrobel@sloatgardens.com

# ★ Easy to grow home and office plants for fall & winter ★



# 13 home & office plants for low light areas

Dracaena fragrans
Peace Lily
Sansevieria
ZZ plant
Asparagus Fern
Kimberly Queen Fern
Aglaonema

Philodendron Aspidistra Bamboo Palm Neanthe bella Palm Ficus elastica Schefflera



Our newly expanded Lotus indoor pottery line looks lovely potted up with houseplants

25 years ago, Sloat Garden Center's owner, Dave Straus, visited the Chinese city of Yixing to explore local pottery factories. There he discovered Lotus; a small pot manufacturer that enjoys producing unique colors and styles. Years later we still source Lotus' popular, handmade, colorful, indoor pottery that's perfect for home or office.

# 3 essential ingredients that home & office plants need to thrive:

# Light ★

Most indoor plants need bright, indirect light. A west-facing window is too bright and hot and may burn the leaves of many indoor plants. On the other hand, a dim corner away from a window will cause many plants to drop leaves or become pale and spindly. If you can read a newspaper by the natural light in a room, it is probably bright enough for most indoor plants.

#### Water ★

Many factors come into play when determining water requirements such as container size, season, rate of growth, light, and temperature. Do not follow a strict schedule but do check your plants regularly and learn their preferences. Always water thoroughly, filling the pot completely and until water drains out the bottom of the pot. Water will run out of the pot rapidly if a plant is pot bound or overly dry. Also, slightly warm water will penetrate soils more easily than cold. Never allow plants to sit in water-filled saucers. To remove excess salts (seen as yellow/brown drainage water), flush the container with water until water runs clear. Doing this outdoors or in the bathtub is easiest. You can give your plants a shower at the same time to remove dust from the leaves.

#### Soil \*



Locally made
Sloat Organic
Potting Soil is our
premier formulation for container
gardening in the San

Francisco Bay Area. Created from the finest ingredients available, it provides good drainage and resistance to compaction. This ready-touse mix provides plants an ideal medium for plant growth.

# Build up your soil this fall and reap the benefits next spring

Show your soil some love this fall by taking steps to build it up before the winter rains arrive (years of experience in our own Bay Area gardens have taught us some great lessons). With a bit of elbow grease your plants will thrive come spring. Read on!

#### Learn about soil

How a plant grows is determined by soil, light and moisture. Soil can help solve the puzzle of what a plant needs to thrive. By figuring out what's in your particular soil composition, you'll discover whether you need to add organic matter, adjust the pH, or add nutrients. Start by understanding the 3 main soil types:

- Sandy soils: light, coarse soil comprised of crumbling and alluvial debris.
- Clay soils: heavy, clinging, impermeable soil, comprised of very fine particles with little lime and humus and tending to be waterlogged in winter and very dry in summer.
- Loam soils: A medium, easily crumbled soil, consisting of a blend of coarse (sand) alluvium and fine (clay) particles mixed with a little lime

To achieve that desired "loamy" balance, most soils need their high clay or sand content amended. To break up heavy clay soils, or add organic matter to sandy soils, Sloat Organic Compost will help. This blend enhances bacterial action in clay and loosens the soil to allow air, water, and root penetration.

#### Why soil pH is important

Soil is considered either acid (low pH / sour) or alkaline (high pH / sweet), or somewhere in between. These are referred to as the pH levels. A neutral (7.0) or slightly acidic (6.0 - 6.5) pH is fine for most flower and vegetable crops.

pH levels are responsible for everything from protecting against blossom end rot in tomatoes, to changing the color of hydrangea flower heads (see below). These levels control the availability of nutrients essential to plant health and vitality: nitrogen, phosphorus and potassium (NPK), plus iron, magnesium and other micro-nutrients.

Hydrangea flowers are nature's pH tester. The flower heads are pink or red when soil is alkaline (high pH), and blue when it is acidic (low pH). This presents a creative opportunity to change the color by adjusting the soil's pH with lime or a soil acidifier (alkaline), prior to the blooming period. The best time to do this is fall. (Note: you cannot change the color of white hydrangeas).

#### The benefits of soil testing:

Soil testing allows gardeners to amend and fertilize soil appropriately. Testing is simple and can be done by any gardener with any soil. If your results show a deficiency, Sloat Garden Center can help. Stop by with your test kit results so that we can develop garden solutions together.



#### **Electronic Soil Tester**

Determines soil pH and total combined N-P-K levels in about one minute. I AA battery required.

### Digital Soil pH Meter

This handsome digital meter provides instant soil pH readings. It checks the pH at root level. Use for vegetables, flowers, fruits or landscaping plants of all kinds. Batteries included.

#### Soil Test Kit

This Rapitest Soil Test Kit is designed for accurate results. At the heart of the system are 4 patented, specially designed testing devices called "color comparators" - one each for pH, Nitrogen, Phosphorus and Potash. Each comparator has a removable film color chart and color coded top. Capsules for each test are also color-coded.



Automatically measures pH. No batteries required.



As gardeners, our goal is to build up soil so plant roots can easily penetrate soil, and access air and water. The simplest way to do this is to add organic material to existing soil. Sloat Organic Compost is a great all-purpose outdoor planting mix that improves soil vitality. It is OMR certified and made with genuine, "no-poo" compost.



Mulching soil with Sloat Forest Mulch Plus will enrich soil for the following spring in two important ways. It will help conserve moisture, and its fir bark content will add long-lasting organic matter, which can bring air to a plant's roots.



#### Made by worms, loved by plants

Worm Power creates worm castings in one of the most sophisticated and earth-friendly vermicompost facilities in the world. Worms are fed a dairy cow manure diet (which reduces dairy waste as its transformed into an organic soil food). Liquid worm castings promote soil health so that plants thrive, increasing plant size and yield from seed, to bloom, to harvest. Excellent for both indoor and outdoor use, plus the ready-to use formula has an easy pour drain-back spout that allows for foliar or root zone targeting.







# 9 steps to prepare your garden for winter... so plants can thrive in spring!

Let's be honest — Fall clean up and winter garden preparation can feel like drudgery. Yet these important tasks are necessary for a garden that thrives next spring. We want to encourage all gardeners to take the time to clean up and prepare for the next season. Follow these 9 simple steps, and voilà, you'll be finished in no time.



Clean out leaves and dead plants from gutters, walkways, containers and raised beds. 2.



Prepare for cooler months by stocking up on **frost blankets**. You can protect tender plants from freezing temperatures with lightweight garden fabric or burlap that acts like a miniature "green-house" when frost is expected.





Use Bonide "Maize" Corn Gluten Weed Preventer pre-emergent now to prevent spring weeds like Bermuda grass, clover, foxtail and others from growing in lawns, around trees, shrubs, ornamentals, flowers and vegetable gardens. Used regularly, this organic weed control will build up in the soil, successfully inhibiting weed seed germination with each successive application.

A fall application is due now.

4.



Timing is everything in the fight against insect pests. Use **Bonide All Seasons Horticultural Oil** in late autumn or early winter to smother over-wintering insects and their eggs like red spider mites, scale, aphids, bud moths, leaf roller, red bug, codling moth, blister mites, galls, whitefly, and mealy bugs. It also controls powdery mildew. This formulation works on fruit trees, shrubs, ornamentals, roses, and vegetables.





Use Bonide Copper Fungicide

as a preventative fungicide to control black spot, downey and powdery mildew, gray mold leaf spot, botrytis and other problems on ornamental plants and edibles. We recommend a fall application to eliminate overwintering fungal spores and then a second application in February when plants are budding. Excellent for organic gardening.



Stake **newly planted trees** to support them through their first winter. We offer a wide variety of stake lengths and widths. See our tree planting tips:

www.sloatgardens.com Learn > Plant Care 7. Put your soil to bed! See our tips on the opposite page.



8. Use E.B. Stone Organics Ultra Bloom to help build immunity to disease and support better root and bud formation for spring bloomers like Rhododendron, Azalea, Camellia, flowering plum and Magnolia.



Clean garden tools to get them ready for next year, and to help keep diseases out of next year's garden. Pruners and saws can be sprayed with **Bahco Clean Spray Sap-X** to keep them from rusting over the winter months. Clean and store tools; rub down with alcohol after each use. Grease with white lithium grease to prevent rust. Store shovels and saws in a bucket of sand with a little oil (5 parts sand to 1 part oil).









# Grow your own groceries this fall & winter

Bay Area gardeners are so fortunate. We live in an area of the country where growing food during the winter months is both possible and practical. There are so many delicious edible gardening and landscaping options to choose from. We can grow leafy greens like lettuce, chard, and spinach, root crops like onions, shallots, and garlic, plus artichoke plants, perennial herbs such as parsley and thyme, and of course, citrus. Also, in late winter and early spring, Bay Area gardeners can plant fruit trees. Visit our stores this month for fall vegetable transplants and organic & non-GMO seeds. And see our specific fall and winter edible planting tips and instructions: www.sloatgardens.com









potatoes (available in January)



artichoke



One effective way to control pests on edible plants is to use organic SNS 209 - Rosemary Systemic. Made of rosemary oils and extracts, it can be used on a wide variety of plants, vegetables, and even trees. It is an effective, long-term control of thrips, aphids, mites, fungus gnats, whiteflies, nematodes, scale, mealy bugs and other chewing insects. When used with every watering, the plant gradually builds up a concentration of rosmarinic acid which causes insects to stop feeding and leave. Rosemary Systemic is biodegradable and non-toxic to animals. USDA organic approved! Note: this is an organic substitute for systemic imidacloprid found in various products such as All in One or Rose Systemic.

### Recipe: fried green tomatoes

Do you have a proliferation of unripe tomatoes in your garden? Use them up with this fried green tomato recipe. It's a favorite!



1/4 cup cornmeal 1/4 cup flour Kosher salt & black pepper to taste 4 firm green tomatoes (cut in thick slices) I egg, beaten Vegetable oil

Take out 3 wide bowls, one for the commeal/salt mixture, one for the egg, and one for the flour. Dredge tomato slices in flour mixture, then dip into the egg, then finish in the cornmeal mixture. Fry tomato slices, a few at a time, in 1/4 inch hot oil in a large skillet. Fry until browned, turning once. Drain on paper towels. Sprinkle with more salt. Serve immediately.

#### Choose the best ultra dwarf fruit trees for the Bay Area

We'll have a wide selection of **ultra dwarf dormant fruit trees** arriving in late January. These trees grow no more than 7-8ft tall and wide, making them delightful for small garden spaces. Have more room? We carry semi-dwarf trees in our east bay locations. Consult with a Sloat team member to determine the best fruit trees for your garden. Pre-order now for mid-January by calling our stores.



#### 2018 Ultra Dwarf fruit tree selection:

Apple: Fuji, Gala, Honeycrisp Cherry: Self-fertile Bing & Stella Blenheim apricot Bing cherry Snow Queen nectarine Santa Rosa plum Early Elberta peach Asian pear

They're back! These 3 unique edibles made such a splash when we first introduced them that we're stocking them again. Plant one or more this fall for a delicious spring!

**Jostaberry:** a unique cross between gooseberry and blackcurrant (and tastes like blackcurrants). Jostaberry is a very disease-resistant and easy to grow small shrub. It produces large, jet black, sweet-tart fruit that's high in Vitamin C, is great for eating fresh, and excellent for jams and jellies. The lobed, somewhat maple-like leaves usually turn bright colors in fall.

**Blackcurrants**: one of the most tasty and nutritious fruits you can grow. The abundant crops of large, sweet and flavorful, jet black berries are delicious for fresh eating and preserves. Blackcurrant shrubs are small to medium sized that bear profuse clusters of flowers from March until June; they are vigorous and easy to grow. Bonus: Hummingbirds love flowering currants!

**Honeyberry:** a unique species of Honeysuckle, the early-ripening honeyberry is valued for its sweet and tasty blueberry-like fruit. Honeyberry makes delicious and nutritious juice and preserves, and is excellent for eating fresh. Honeyberries need a pollinator and we have two varieties to do the trick! Blue Moon and Blue Velvet will pollinate each other and produce copious fruit.







4 unique & awesome edible fruits



# 🔽 FALL 2017 gardening seminars

Reward Members attend Seminars for free (\$10 for non-members) and pay a reduced fee for Workshops. Receive a 10% single-use coupon for attending. Attendance is limited so please call the specified location to reserve your seat.

# Seminar: Fall is For Gardening with Buzz Bertolero, The Dirt Gardener

Learn from the Dirt Gardener why fall is the best time for gardening!
Saturday, Oct 7, Martinez, 10am
Saturday, Oct 7, Danville (Camino Ramon), 2pm
Saturday, Oct 14, Novato, 10am
Saturday, Oct 14, Kentfield, 2pm

#### Seminar: Secret Gardening Season (Pam Peirce)

Learn from Golden Gate Gardening author Pam Peirce which crops are best for winter-into-spring container gardens.

Saturday, Oct 7, Pleasant Hill, 10am
Saturday, Oct 14, Kentfield, 10am
Saturday, Nov 4, Sloat Blvd. SF, 10am

#### Make and Take Workshop: Tillandsia/Bromeliad Wreath

Take home a tillandsia wreath of your own making. Fee: \$69 for Rewards Members, \$79 for Non-Members (Membership is free)
Saturday, Oct 7, Danville (Diablo Rd.), noon (Alex Friedman)
Sunday, Oct 8, Pleasant Hill, 10am (Tim Nash)
Sunday, Oct 8, Concord, 10am (Dustin Strobel)
Wednesday, Oct 11, Sloat Blvd., noon (Jen Strobel)
Thursday, Oct 12, Kentfield, noon (Jen Strobel)

# Seminar: How to Choose Healthy Landscape Alternatives (with Yard Smart Marin)

Avoid toxic products and choose landscape alternatives as a healthy choice.

Saturday, Oct 21, Novato, 10am
Saturday, Oct 21, Kentfield, 2pm
Sunday, Oct 22, Miller Ave., Mill Valley, 10am

#### **Seminar: Winterizing Your Garden With Buzz Bertolero**

Winterize with us! We'll cover fall and winter gardening topics.

Saturday, Oct 28, Novato, 10am
Saturday, Oct 28, Kentfield, 2pm
Saturday, Nov 4, Concord, 10am
Saturday, Nov 4, Pleasant Hill, 2pm
Saturday, Nov 11, Martinez, 10am
Saturday, Nov 11, Danville (Camino Ramon), 2pm

#### Seminar: Native Plant Care and Pruning (Elizabeth Ruiz)

Learn how, when and how much to prune in order to maintain a healthy native plant.
Saturday, Oct 28, Concord, 10am
Saturday, Oct 28, Danville (Camino Ramon) 2pm
Sunday, Oct 29, Sloat Blvd., 10am
Sunday, Oct 29, Miller Ave., Mill Valley, 2pm
Saturday, Nov 4, Novato, 10am
Saturday, Nov 4, Kentfield, 2pm
Saturday, Nov 11, Pleasant Hill, 10am
Saturday, Nov 11, Martinez, 2pm

#### Make and Take Workshop:

#### 3rd Annual Succulent Wreath or Swag Making

Make and take home a beautiful succulent wreath or swag. Fee: \$90 for rewards members, \$100 for non-members. Saturday, Dec 2, Danville (Diablo Rd.), noon (Alex Friedman) Saturday, Dec 2, Concord, 10am (Dustin Strobel) Sunday, Dec 3, Miller Ave., Mill Valley, 10am (Jen Strobel) Sunday, Dec 3, Kentfield, 2pm (Jen Strobel) Wednesday, Dec 6, Sloat Blvd., noon (Jen Strobel)

See www.sloatgardens.com for full seminar & workshop descriptions

# Choosing non-invasive plants for California



What is an invasive plant? Most plants used in gardens and landscaping do not invade or harm wildland areas. But when some non-native, aggressive, plant species escape into the wild, the factors that usually limit growth in their native range may not be present. When these plants spread they can radically alter ecosystems, and create a domino effect that harms all types of native wildlife. Invasive plants crowd out native plants, increase wildfire and flood danger, clog valuable waterways, degrade recreational opportunities, and destroy productive range and timber lands.

Sloat Garden Center joined Plant Right California as a founding member in 2002. The group started with a brochure about invasive plants and an idea to promote non-invasive alternatives. We are proud of our work with Plant Right, and the difference we've made in our Bay Area environment. Learn more about invasive plants by visiting Plant Right's new website and see their invasive plant list: <a href="https://www.plantright.org">www.plantright.org</a>

# Meet our Family of Local Producers & Growers: E.B. Stone Organics

In 1916, E.B. Stone created a fertilizer that made his fruit crops the talk of other San Jose, CA farmers. When E.B. retired in 1979, he sold the family business to the Crandalls. They too have been dedicated to creating the highest quality fertilizers and amendments.

Over the years, **E.B. Stone Organics** has become a beloved Northern California company. In 2006 when an accidental fire destroyed E.B. Stone's Suisun, CA production facility, the company's competitors loaned

them space to keep working while their facility was rebuilt. After rebuilding they renewed their commitment to sustainable gardening. Their factory is now 100% wind powered, they use biodegradable packaging, and they've expanded their organic line of soils and fertilizers.

For many years **E.B. Stone Organics** has blended and packaged our Sloat brand soils for San Francisco Bay Area gardens. We are proud to support this sustainably minded, Bay Area company.





## Visit our stores: Thirteen Locations in San Francisco, Marin and Contra Costa

**Both locations:** 

Sat/Sun

#### San Francisco

327 3rd Ave between Geary & Clement (415) 752-1614

2700 Sloat Blvd. 46th & Sloat Blvd. (415) 566-4415

3237 Pierce Street Chestnut & Lombard (415) 440-1000

Hours: 9-6:30

#### **Novato**

2000 Novato Blvd. at Wilson (415) 897-2169

#### San Rafael

1580 Lincoln Ave. just off Hwy. 101 (415) 453-3977

Kentfield M-F: 8-6:30 Sat & Sun: 8:30-6:30

700 Sir Francis Drake Bl. (415) 454-0262

#### Mill Valley

657 E. Blithedale M-F 8-6:30 (415) 388-0102

8:30-6:30 401 Miller Ave.

(415) 388-0365 at La Goma

#### Pleasant Hill

2895 Contra Costa Blvd. (925) 939-9000

#### **Martinez**

6740 Alhambra Ave (925) 935-9125

#### **Danville**

800 Camino Ramon (in the Rose Garden Center) (925) 837-9144

828 Diablo Road at El Cerro (925) 743-0288

M-Sat hours: 8am-6:30pm Sun hours: 9am-5pm

#### Concord

1555 Kirker Pass Rd. (925) 681-0550

Garden Design Department 401 Miller Ave.,

in Marin & SF only

Currently

available

Mill Valley (415) 388-3754

#### **Bulk Soils**

828 Diablo Road at El Cerro (925) 820-1273 (East Bay delivery only)

M-Sat hours: 8am-4pm

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### Visit us on the web: www.sloatgardens.com



Center 420 Coloma Street



8 SLOAT NOTEBOOK

We'll help you grow the plants you love!

Open 7 days per week 8:30am to 6:30pm

(or as noted above)

Fall/Winter hours begin November 6th 8:30am to 5:30pm, 7 days a week

> Printed on 30% PCW recycled paper using vegetable-based inks!







Find us on Instagram, Facebook & Twitter. Sign up for our monthly e-newsletters

Fall

# Bay Area Gardening Guide:

Fall 2017

#### **Plant**

Fall is for planting! Now is the best time to plant, foxglove, Canterbury bells and other biennials, as well as cyclamen. Also, California poppies, wildflowers, groundcovers and sweet peas should be planted now.

Get shrubs, perennials, vines and trees into the ground this month while the soil is still warm. Winter rains will help establish your plants.

Plant daffodils for vibrant spring blooms. Garlic and onion bulbs can be planted now, too. Detailed bulb planting info: www.sloatgardens.com

Sow seeds for fall vegetables: radishes, beets, carrots, peas and lettuce. We also carry vegetable transplants.

Decorate for fall: We have ornamental kale, mums, pansies, violas, Iceland poppies, snapdragons, stock and ornamental grasses for waves of autumnal color in your garden.

Top-dress perennial beds, azaleas, camellias, and rhododendrons with Sloat Forest Mulch Plus.

w Feed spring blooming shrubs with 0-10-10 fertilizer. Feed citrus with Maxsea Acid Food.

#### Prune/Maintain

Prepare garden beds for winter. Clear weeds and rocks. Add soil amendments as needed.

Divide roots and rhizomes of perennials such as agapanthus, yarrow & iris.

Lightly prune Japanese maples while still in leaf.

Feed the birds! Don't cut back dead flower stalks; allow rudbeckia, sunflowers, and other flowers with seeds and berries to feed the birds all winter. It's also time to fill your bird feeders for winter. We carry a variety of suet and suet feeders that local birds love.

We have carving and specialty

pumpkins, mini-pumpkins and gourds. Then enter your pumpkin carving in our



Stay tuned Thanksgiving weekend: Sloat Garden Center will have premium wreaths, fresh cut Christmas trees, and holiday greens, in addition to blooming holiday color and gardener's gifts

About this Newsletter: The Gardener's Notebook is published three times a year by Sloat Garden Center for the education and enjoyment of Bay Area gardeners. Information is collected from Sloat's expert staff, current horticultural publications and Sunset's Western Garden Book. Send address corrections to: 420 Coloma Street, Sausalito, CA 94965 or via email to sloat@sloatgardens.com